

Students Taking on the Magazines

Sara Gudeman



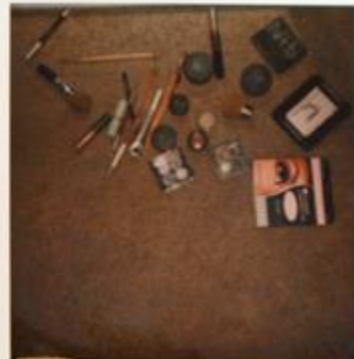




















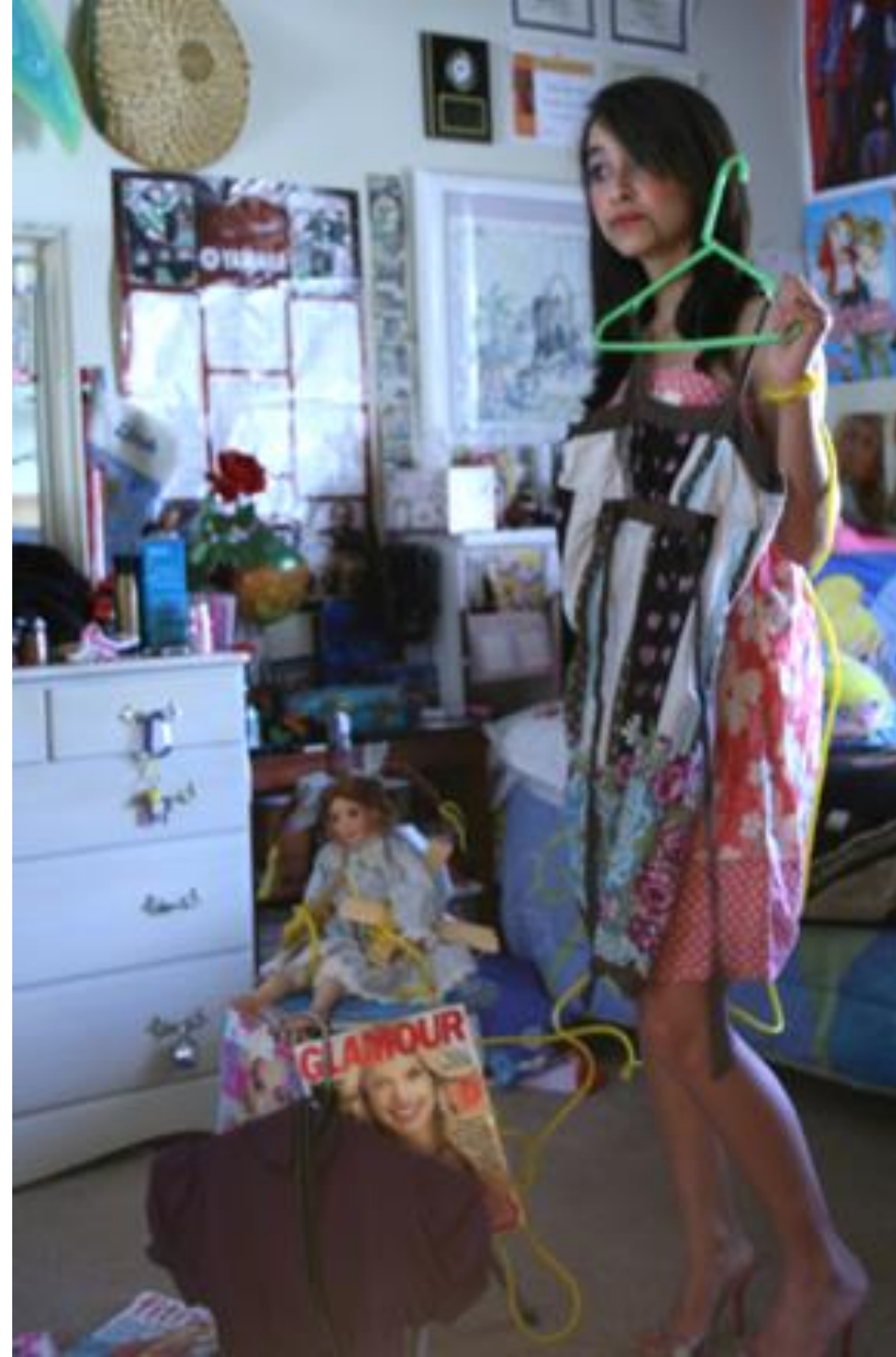
Leandra Dichirico























~~Marionette~~



CONFESSIONS!
REAL WOMEN speak
out and share their
secrets to happiness

Magazines
taking over
your life? 10
solutions to
get back to
yourself

Exactly what
to do to
lose weight

The more
you try to be
someone else
the more you
become a
PUPPET!!!

Arika Wurth

Concentration Statement

- The mind is complex and millions of thoughts run through our minds each and every day. The mind of someone with an eating disorder is very unique. The majority of each thought of somebody who struggles with bulimia nervosa, anorexia nervosa, or even a food addiction, revolves around their body image or food in some way and these things become an obsession.
An eating disorder is a mental disease that can simply be described as a distorted body image and unhealthy, abnormal relationship with food. In my concentration I explored the mind and the obsession of a girl with an eating disorder and the internal struggles that turn into external pain. The first eleven pictures go through the obsession with weight loss and all of the routines that a girl will go through in order to make this happen. In each of the eleven pictures the girl's face is not exposed to the camera, instead it is hidden in some way by the struggles she is going through. This symbolizes how someone with an eating disorder does not want to be noticed and also how she falls into the lies of the media that tell young girls they need to look a certain way. When a girl feels like she is fat she wants to hide and be invisible to the world because she is ashamed of her body. The first eleven pictures are all in black and white which symbolize the darkness of the world that someone with an eating disorder lives in. The twelfth picture is a picture of only the girl's face and it is in color. The last picture contrasts with the rest because it symbolizes the girl finally "facing" her problem and seeing the truth behind all of the lies that told her she wasn't good enough.

