AP Final Portfolio Ava Crowley

Sustained Investigation

Written Evidence

With the constant consumption of media in today's society and the pressure of countless beauty standards, many people are compelled to compare themselves to others. This comparison is quite literally the thief of joy and often causes the downward spiral of negative body image that I have chosen to explore. I want to show not only the sickness and pain caused by negative body image; but also the freedom of recognizing beauty within oneself and breaking away from society. Through my photos, I wanted to illustrate the journey from self-hatred to self-love from the perspective of a young girl.

Photo 1 portrays the comparison and jealousy of others in the media. Photos 2&3 show the girl trying to change her appearance. In photos 4,5,6 the girl progressively becomes more broken and sick. Photos 7,8,9,10 display the confusion, anger, and sadness that often consumes those struggling with body-image issues. In photo 11 the girl starts to discover her own beauty through the darkness. In photos 12,13,14 the girl finds self-love and expression. Finally, photo 15 demonstrates the power and freedom that comes from accepting yourself as you are and standing up against the trials of society.































Selected Works







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