



# Lauren Calverley

Photo 1-2/Moorpark Portfolio





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# What is the central idea of my sustained investigation?

The overall idea of my investigation is to highlight that there will always be times in team sports that you have to focus on yourself as an individual. The main goal of a team sport is to win as a team. But if you focus on each and every player individually you can see how we all have goals for ourselves as individuals, things we strive to accomplish each time we step out on that field. Furthermore, one player's self goals sometimes need to be set aside to benefit the team as a whole, that's what being a team player is all about. What I believe makes a good athlete is someone who can create goals for themselves as an individual that not only benefit them but also benefit the team and their success. For example, say I wanted to get better at hitting. Accomplishing this goal would not only be important to me because it would improve my confidence but if I successfully accomplish my goal I can help my team get more points on the board ultimately leading to wins. That is just one example of this concept, I could go on. Balancing teamwork and self accomplishment in sports is ultimately key to overall success in that sport for yourself and your team.



# How my photos contribute to my main idea

Through the use of diptychs and depth of field I strived to capture the individuality of some softball players playing their sport. In some of the photos I used a shallow depth of field to make the player stand out as an individual reaching for their goals. My first photo shows a player at bat in focus which mirrors her mentality going up to the plate. She goes up to the plate to do her job, to get on base, she wants to accomplish this goal to not only benefit herself but also help her team. My second photo is a diptych that shows two players on the same team and how even though each person is working hard as an individual they still need each other to succeed in the overall goal of the sport. In my second diptych I wanted to capture the team in the dugout watching and cheering on their teammate which shows how teammates are always there for each other. My final diptych depicts two players on the same team competing for each other, they are both representing different aspects of the sport. Being proficient in offense and defense is crucial to success for your team as a whole. My final photo shows a pitcher who is winding up in color while the rest of the photo is in black and white. I wanted to use this editing technique to isolate a player to reflect on how this sport may be known as a team sport but it is just important to focus on yourself and your personal objectives while still trying to help your team succeed.













